



BEST DEFENSE TOOLS

College Dorm Checklist for Freshman Girls

Created by BestDefenseTools.com

Moving out for college is exciting, but it can also be a bit overwhelming. This checklist is your go-to guide for transitioning from high school to freshman year with confidence and comfort. Coordinate with your roommate to avoid duplicates and check your schools dorm policies before move-in day.

Room Organization:

- Closet organizers, hangers, over-the-door rack
- Shoe organizer, hooks, plastic bins, storage containers
- Drawer/shelf liners, jewelry organizer

Kitchen & Food Prep:

- Mini fridge, coffee maker, microwave

Study & Entertainment:

- TV, message board, games, area rug, desk lamp

Bedding:

- Mirror, fan, comforter, pillows, pillowcases, sheets, extra blanket

Decor & Lighting:

- Posters, removable hooks, string lights, floor lamp

Misc Essentials:

- Jogger pepper spray
- Personal alarm with flashlight
- Door stop alarm
- Luggage, weekender bag, sleeping bag, first aid kit
- Tissues, umbrella, earplugs, toolkit, bulbs, bike & lock
- Safety whistle, pepper spray (standard and jogger), personal alarm, door stop alarm, medications, vitamins

School Supplies:

- Backpack, binders, planner, paper, glue, calculator, laptop lock
- Highlighters, notebooks, sticky notes, clips, pens, ruler, stapler

Creature Comforts:

- Mattress topper, protector, throw blanket, bedside/salt lamp
- Robe, slippers, sleep mask

Clothing:

- Underwear, socks, PJs, pants, tops, activewear, formalwear
- Rain boots, sneakers, heels, accessories, iron, sewing kit

Seasonal Wear:

- Jackets, hat/gloves/scarf, boots, swimsuit

Important Documents:

- Birth cert, ID, passport, SS card, bank info, insurance cards
- Car reg, debit/credit cards, checkbook, emergency contacts

Personal Care:

- Shower caddy, flip-flops, shampoo, soap, towels, razor
- Toothbrush/paste, floss, mouthwash, facial cleanser, lotion
- Tweezers, sunscreen, contacts, deodorant, tampons, nail kit
- Hairbrush, flat iron, hair ties, makeup/remover, perfume

Cleaning:

- Broom, mini vacuum, air freshener, trash can, laundry gear

Dishes:

- Wipes, dish soap, sponge

Dining:

- Plates/bowls, utensils, paper towels, mini water pitcher
- Coffee mug, glasses, water bottle, containers, snacks, kettle

Tech:

- Phone/laptop & chargers, headphones, USB drive, printer
- Surge protector, batteries, flashlight, tablet

Shared Items:

- Coordinate on fridge, microwave, blender, kettle, TV

Packing Tips:

- Don't overpack, check schools dorm rules
- Bring cozy item from home